



## CLINIC TRAVEL GUIDE

How to sign up for a clinic:

1. Become a member of the chapter by joining online at [www.flyingsamaritans.net](http://www.flyingsamaritans.net)
2. Contact our Membership Coordinator at [flyingsamsmail@yahoo.com](mailto:flyingsamsmail@yahoo.com) if you need any assistance.
3. Sign up for a clinic online at [www.flyingsamaritans.net](http://www.flyingsamaritans.net)
4. The clinic manifest will be confirmed one week prior to the trip. Please sign up as early as possible.
5. **Note:** Late clinic sign ups and/or cancellations complicate the planing process and may inconvenience other clinic participants. Please be considerate of your fellow samaritans and plan accordingly.
6. We need Surgeons, Anesthesiologist, MD, RN, CNA, Translators, Pilots and Support Staff.



## FLIGHT PLAN

1. You will be traveling in a 4-6 place private plane.
2. Your FAA certified, volunteer Pilot will contact you the week of the clinic to arrange departure airport and time.
3. Space and weight are at a premium. Please limit your personal luggage to one soft sided bag under 10 lbs. Bring something warm for the flight. Cloths and toiletries for two days and a sense of adventure.
4. You will need a valid passport, with at least 6 months left before its expiration date.
5. Your flight could be up to 3 hours long, it is not catered nor are there any bathroom facilities, so you need to plan accordingly.
6. Accommodations will be made at the beachside Hotel Mission Santa Maria, or similar local hotel. Free WiFi is available so you can keep in touch with home.
7. The clinic is at the El Buen Pastor Hospital, San Quintín.
8. If departing San Luis Obispo, a complimentary breakfast is provided. A taco lunch is provided on Saturday. Other meals are usually split by the number or people attending.
9. Cost: Approximately \$300.00 per person, small bills are recommended as change is given in Pesos
  - ❖ A suggested donation of \$150 cash per passenger for fuel.
  - ❖ Hotel approximately \$40 per room/per night. Double occupancy is available. Hotels will accept credit cards.
  - ❖ Food and beverage \$60-80.
  - ❖ Mexican travel visa \$30.

## TYPICAL SCHEDULE



**Friday:** Depart in AM and fly directly to Ensenada. Clear Mexican immigration and then fly direct to San Quintín. After checking into hotel, proceed to El Buen Pastor Hospital and triage for surgical schedule.

**Saturday:** Early breakfast followed by a full day of surgery. A taco lunch will be provided.

**Sunday:** Group breakfast and hotel check-out, followed by post-op check of surgical patients who stayed over night at hospital. Depart midday for Ensenada and clear Mexican immigration. Stopover at San Diego Brown Field to clear US customs and immigration. Head for home 🧐

The Flying Samaritans  
[www.flyingsamaritans.net](http://www.flyingsamaritans.net)  
[www.flingsams.org](http://www.flingsams.org)  
[flyingsamsmail@yahoo.com](mailto:flyingsamsmail@yahoo.com)



# CLINIC DUTY

CLINIC SPECIALTIES VARY  
MONTH TO MONTH

## Clinical

- MD
- RN
- CNA



RN and CNA duties are mainly support, transporting patients and monitoring post surgery. If you are an OR RN or Scrub tech then you will be assisting MD in surgeries as needed.

## Non-Clinical

- Pilots
- Translators
- Support Staff



Translators will be busy translating.



Non-clinical, pilots and support staff will have duties as needed.



# A BRIEF HISTORY OF THE FLYING SAMARITANS



*La Doña Anita Espinoza is now 101 years old. She has 112 living relatives spanning five generations.*

The Flying Samaritans was born in El Rosario back in 1961. An American pilot, Aileen Saunders Mellott, with her friends returning to San Diego from La Paz was forced to land near the village of El Rosario. There she met Doña Anita Espinoza. Impressed by her and grateful for the assistance they received they decided to make a return trip to bring gifts and clothes to the needy village. A doctor, Dale E. Hoyt, came along.

The village had no regular medical services. Little did they know that an organization had just been born, The Flying Samaritans. They are doctors, nurses, and caring individuals that offer free medical services to remote villages and people who could otherwise not afford care. El Rosario calls them the Flying Angels. The first clinics were in the Doña Anita's home. The organization has handled over 250,000 patient visits since its founding.

The Flying Samaritans is a group of professionals from many different walks of life interested in helping provide healthcare services at no charge to the people in Baja California, Mexico who otherwise have no access to medical care. We are physicians, nurses, dentists, pilots, translators and many other people. We are a non-sectarian organization and our bylaws clearly establish that our purpose is to offer medical assistance and education to the people in rural areas of Mexico. All Flying Samaritan Clinics are operated free of charge to patients.

Most of the Gold Coast members are from San Luis Obispo County but there are members from all areas of California and Arizona. Flying Samaritans International has 10 chapters operating clinics in 10-12 remote areas of Baja California.

The majority of the missions are held over 3-day weekends making it an easy commitment for medical professionals, translators, pilots, and students. The Gold Coast chapter usually goes on the third weekend of the month, leaving on Friday morning and returning on Sunday.

The Flying Samaritans currently has over 1500 members and is governed by an International Board of Directors with representatives from all ten chapters. The Flying Samaritans is an organization recognized as exempt under Section 501 (c)(3) of the Internal Revenue Code.

